



Jamaica Village School Breakfast

February 2019

Menus are subject to change

Meal Prices

Breakfast: Reg \$1.75

Lunch: Reg \$2.90

Adult Breakfast \$2.50

Adult Lunch \$3.75

Milk \$.50

Please Click Links Below for Nutrition Information on Daily Options

Cereals w/Toasted English Muffin, Bagels w/Cream Cheese or Special of the Day

Fresh Fruit, 100% Fruit Juice, Skim White Milk, 1% White Milk & Fat Free Chocolate Milk

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Daily Available Breakfast Nutrition

Fresh Fruit & Juice

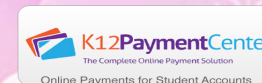
Milk

Condiments

Pay for meals on-line.

For free on-line services go to:

[K12 Payment Center](#)



Monday

Tuesday

Wednesday

Thursday

Friday



4 French Toast Sticks
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

5 Ham & Cheese Bagel
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

6 Scrambled Egg & Cheese Wrap
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

7 Ultimate Breakfast Round
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

1 Flavorful Blueberry Muffin
Animals Yogurt w/Graham Crackers
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

8 Flavorful Blueberry Muffin
Animals Yogurt w/Graham Crackers
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

11 French Toast Sticks
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

12 Sausage & Cheese English Muffin
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

13 Scrambled Egg & Cheese Wrap
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

14 Ultimate Breakfast Round
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

15 Flavorful Blueberry Muffin
Animals Yogurt w/Graham Crackers
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin



25 French Toast Sticks
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

26 Sausage & Cheese English Muffin
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

27 Scrambled Egg & Cheese Wrap
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin

28 Ultimate Breakfast Round
Whole Grain Bagel
Cream Cheese
Assorted Cereal
1/2 English Muffin



This institution is an equal opportunity provider.