



This Institution is an equal opportunity provider
Menus are subject to change



Mon., Sept. 3	Tues., Sept. 4	Wed., Sept. 5	Thurs., Sept. 6	Fri., Sept. 7
No School Labor Day	Cape Cod Crusted Fish & Chips (French Fries) Rice Pilaf Steamed Broccoli	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <u>Zucchini Parmesan</u> Fresh Carrot Sticks	Cheesy Ravioli Bake Baker's Pride Garlic Breadstick Caesar Salad	Birthday Celebration Slow Roasted BBQ Pork Sandwich Creamy Coleslaw Vegetarian Baked Beans
Mon., Sept. 10	Tues., Sept. 11	Wed., Sept. 12	Thurs., Sept. 13	Fri., Sept. 14
Taste Test Event Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa) Rice Pilaf Vegetarian Baked Beans	Oven Baked BBQ Chicken Hand Cut French Fries Corn on the Cob Dinner Roll	Cheesy Breadsticks w/Marinara Chicken Noodle Soup Fresh Celery Sticks	Creamy Macaroni & Cheese Homemade Cornbread Caesar Salad Steamed Carrots	Maple Apple French Toast Bake <u>Local Maple Syrup</u> Fresh Cut Sweet & White Home Fries Fresh Green Pepper Strips
Mon., Sept. 17	Tues., Sept. 18	Wed., Sept. 19	Thurs., Sept. 20	Fri., Sept. 21
Taco Bar w/ Soft Shell <u>Homemade Salsa w/Fresh Tomatoes</u> Rice Pilaf Roasted Chick Peas	Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Sweet Potato Wedges Roasted Zucchini	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Chopped Green Salad Carrot Sticks	Shepherd's Pie (Hamburger, Corn & Mashed Potato) Dinner Roll Fresh Celery Sticks	Grilled Cheese Sandwich From Scratch Creamy Tomato Soup Steamed Broccoli
Mon., Sept. 24	Tues., Sept. 25	Wed., Sept. 26	Thurs., Sept. 27	Fri., Sept. 28
Chicken & Cheese Quesadilla w/Salsa Rice Pilaf Creamy Coleslaw	Dress Your Own Burger Hand Cut French Fries Vegetarian Baked Beans	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Fresh Carrot Sticks w/Dip	Spaghetti w/ Meat Sauce Baker's Pride Garlic Breadsticks Caesar Salad	Hearty Chicken & Biscuits Steamed Peas Fresh Celery Sticks



Jamaica Village School Lunch
August/September 2018

Daily Lunch Offerings:
Main Meal or Deli Sandwich & Chef Salad Choice
Fresh Fruit
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Thursday
September 11, 2018
Featuring Tomatoes

Harvest of the Month
August Tomatoes
September Summer Squash

Prices

Breakfast \$1.75	Lunch \$2.90
Adult Breakfast \$2.50	Adult Lunch \$3.75
Milk \$.50	

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole mussel kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



This Institution is an equal opportunity provider
Menus are subject to change



**Jamaica Village School
Breakfast**
August/September 2018



Mon., Sept 3	Tues., Sept 4	Wed., Aug 29	Thurs., Aug 30	Fri., Aug 31
No School Labor Day	Ham & Cheese Bagel	Scrambled Egg & Cheese Wrap	Healthy Ultimate Breakfast Round	Fruit Filled Muffin w/ Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk	Milk	Milk	Milk
Mon., Sept 10	Tues., Sept 11	Wed., Sept 5	Thurs., Sept 6	Fri., Sept 7
French Toast Sticks	Sausage & Cheese Muffin	Scrambled Egg & Cheese Wrap	Healthy Ultimate Breakfast Round	Fruit Filled Muffin w/ Yogurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Mon., Sept 17	Tues., Sept 18	Wed., Sept 12	Thurs., Sept 13	Fri., Sept 14
French Toast Sticks	Ham & Cheese Bagel	Scrambled Egg & Cheese Wrap	Healthy Ultimate Breakfast Round	Fruit Filled Muffin w/ Yogurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Mon., Sept 24	Tues., Sept 25	Wed., Sept 19	Thurs., Sept 20	Fri., Sept 21
French Toast Sticks	Ham & Cheese Bagel	Scrambled Egg & Cheese Wrap	Healthy Ultimate Breakfast Round	Fruit Filled Muffin w/ Yogurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Mon., Sept 24	Tues., Sept 25	Wed., Sept 26	Thurs., Sept 27	Fri., Sept 28
French Toast Sticks	Sausage & Cheese Muffin	Scrambled Egg & Cheese Wrap	Healthy Ultimate Breakfast Round	Fruit Filled Muffin w/ Yogurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast \$1.75	Lunch \$2.90
Adult Breakfast \$2.50	Adult Lunch \$3.75
Milk \$.50	

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

